



General Packing List

When packing for your trip

We recommend that you bring clothes and gear that allow you to layer for temperature differences. Layers allow you to peel off clothes as the canyon heats up and to quickly add them back on if it gets cold. Having a wet and dry set insures comfort and warmth each night in case your day gear gets wet. Cotton is not recommended for the wet set. Wet cotton lowers body temperature, which can be uncomfortable in even mildly cold weather. Synthetics such as polypropylene and polyester fleece wick water away from your body and work well both on the river and off. Thin merino wool garments (brands like Smartwool and Icebreaker) also work extremely well for this purpose.

Soft duffel bags only, No ridged bags or bags with wheels

All your gear must fit in one waterproof bag (16" in diameter and 33" in height), that we provide for each customer. We also bring several waterproof boxes and bags for items such as cameras, sunblock, books, etc.

Dry Set

- 1 pair long pants
- 2 pairs shorts
- 2 T-shirts
- 1 synthetic or wool fleece
- 1 long sleeved shirt
- 1 pair hiking shoes
- 1 pair comfortable shoes
- Underwear & socks
- 1 rain or waterproof jacket
- Toiletry kit
- Sleepwear

Important Gear

- Daypack (on hike trips)
- Water bottle (on hike trips)
- Flashlight or headlamp & batteries
- Sunglasses with retention device
- Sunscreen & lip block
- 1 hat for sun protection (with brim or bill)

Wet Set

- Strap on sandals or tennis shoes (if you don't mind them getting wet; Not flip flops, they can fall off)
- 1 swimsuit or quick dry shorts (not cotton)
- 1 T-shirt (long sleeved is best for sun protection)
- 1-2 pairs of synthetic or wool socks
- 1 synthetic or wool fleece
- Wetsuit, provided by RCA (required for only spring and fall trips)

Optional

- Camera & film
- Insect repellent
- Reading material/journal
- Neoprene booties
- Large zip lock bags for organizing your small gear (in your dry bags we provide)
- Binoculars
- Warm hat

We are looking forward to a great trip!

Rogue Canyon Adventures

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